Periodic Table with element names

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
1	1 H Hydrogen																	2 He Helium
2	3 Li Lithium	4 Be Beryllium											5 B Boron	6 C Carbon	7 N Nitrogen	8 O Oxygen	9 F Fluorine	10 Ne Neon
3	11 Na Sodium	12 Mg Magnesium											13 Al Aluminium	14 Si Silicon	15 P Phosphorus	16 S Sulfur	17 Cl Chlorine	18 Ar Argon
4	19 K Potassium	20 Ca Calcium	21 Sc Scandium	22 Ti Titanium	23 V Vanadium	24 Cr Chromium	25 Mn Manganese	26 Fe Iron	27 Co Cobalt	28 Ni Nickel	29 Cu Copper	30 Zn Zinc	31 Ga Gallium	32 Ge Germanium	33 As Arsenic	34 Se Selenium	35 Br Bromine	36 Kr Krypton
5	37 Rb Rubidium	38 Sr Strontium	39 Y Yttrium	40 Zr Zirconium	41 Nb Niobium	42 Mo Molybdenum	43 Tc Technetium	44 Ru Ruthenium	45 Rh Rhodium	46 Pd Palladium	47 Ag Silver	48 Cd Cadmium	49 In Indium	50 Sn Tin	51 Sb Antimony	52 Te Tellurium	53 I Iodine	54 Xe Xenon
6	55 Cs Cesium	56 Ba Barium		72 Hf Hafnium	73 Ta Tantalum	74 W Tungsten	75 Re Rhenium	76 Os Osmium	77 Ir Iridium	78 Pt Platinum	79 Au Gold	80 Hg Mercury	81 Tl Thallium	82 Pb Lead	83 Bi Bismuth	84 Po Polonium	85 At Astatine	86 Rn Radon
7	87 Fr Francium	88 Ra Radium		104 Rf Rutherfordium	105 Db Dubnium	106 Sg Seaborgium	107 Bh Bohrium	108 Hs Hassium	109 Mt Meitnerium	110 Ds Darmstadtium	111 Rg Roentgenium	112 Cn Copernicium	113 Nh Nihonium	114 Fl Flerovium	115 Mc Moscovium	116 Lv Livermorium	117 Ts Tennessine	118 Og Oganesson

				57 La Lanthanum	58 Ce Cerium	59 Pr Praseodymium	60 Nd Neodymium	61 Pm Promethium	62 Sm Samarium	63 Eu Europium	64 Gd Gadolinium	65 Tb Terbium	66 Dy Dysprosium	67 Ho Holmium	68 Er Erbium	69 Tm Thulium	70 Yb Ytterbium	71 Lu Lutetium
				89 Ac Actinium	90 Th Thorium	91 Pa Protactinium	92 U Uranium	93 Np Neptunium	94 Pu Plutonium	95 Am Americium	96 Cm Curium	97 Bk Berkelium	98 Cf Californium	99 Es Einsteinium	100 Fm Fermium	101 Md Mendelevium	102 No Nobelium	103 Lr Lawrencium

Periodic Table PDF with element names (black and white): notes

About this sheet

The standard 18-column layout, with periods 1 to 7 down the side, groups 1 to 18 across the top, and the lanthanides and actinides in two rows below. Each tile shows the atomic number, the symbol and the full element name.

Best for

Learning names alongside symbols, general classroom use, and a first table for new chemistry students.

Printing

Plain white tiles with black outlines use very little ink and photocopy cleanly, so it suits class sets and sheets students will write on. Sized for A4 landscape: print at 100% (actual size) so the margins stay correct.

What the data shows

The element families on this sheet hold 38 transition metals, 15 lanthanides, 15 actinides, 12 post-transition metals, 7 reactive nonmetals, 7 noble gases, 6 alkali metals, 6 alkaline earth metals, 6 metalloids and 6 halogens.

79 of the 118 names end in -ium. The longest are rutherfordium (13 letters) and praseodymium (12 letters).

How the table is organised

Atomic number counts the protons in an atom's nucleus and fixes each element's place in the table. Moving down a group adds a new electron shell, so atomic radius grows and metallic character increases.

More periodic table PDFs are free to download at https://periodictable.page/periodic-table-pdf/.